High-Precision Spectroscopy with Counterpropagating Femtosecond Pulses

Itan Barmes, Stefan Witte, and Kjeld S. E. Eikema*
Department of Physics and Astronomy, LaserLab, VU University, de Boelelaan 1081, 1081 HV Amsterdam, The Netherlands (Received 28 March 2013; published 9 July 2013)

An experimental realization of high-precision direct frequency comb spectroscopy using counterpropagating femtosecond pulses on two-photon atomic transitions is presented. The Doppler broadened background signal, hampering precision spectroscopy with ultrashort pulses, is effectively eliminated with a simple pulse shaping method. As a result, all four $5S-7S$ two-photon transitions in a rubidium vapor are determined with both statistical and systematic uncertainties below $10^{-11}$, which is an order of magnitude better than previous experiments on these transitions.

One of the hallmarks of laser spectroscopy has been the theoretical prediction [1] and the experimental realization [2,3] of two-photon Doppler-free spectroscopy using continuous wave (cw) lasers in a counterpropagating beam geometry. In this method, the Doppler shift due to the velocity of an atom in the lab frame is compensated by an opposite shift from a counterpropagating beam. Therefore Doppler-free signals can be obtained, even without the use of laser cooling and trapping techniques. A classic example of Doppler-free two-photon excitation with high accuracy is $1S-2S$ spectroscopy in hydrogen [4]. Doppler-free two-photon spectroscopy has been essential in the determination of the Rydberg constant and proton charge radius [5], accurate tests of quantum electrodynamics, and the detection of possible drifts in fundamental constants [6]. An extension of the Doppler-free method to nanosecond pulses [7] has been implemented for high-precision spectroscopy in, for example, molecular hydrogen [8] and muonium [9]. A more recent development in precision spectroscopy is the realization of the optical frequency comb, which revolutionized the field of precision measurements [10,11]. An optical frequency comb is based on the precise phase relation of a train of pulses of typical frequency comb lasers with a duration in the femtosecond range, this zone is limited to tens of micrometers in length, while Doppler-broadened excitation with copropagating photons can take place over the whole beam path. Therefore, a dominating and detrimental background of Doppler-broadened signal impairs high-precision DFCS. Recently, it was shown that the Doppler-broadened background can be reduced by stretching the pulses with group-velocity dispersion [23] and that it can even be completely eliminated using concepts from quantum coherent control [24]. In the latter case, sophisticated pulse shaping techniques with a spatial light modulator were employed.

In this Letter, we demonstrate a general method that enables high-resolution DFCS on two-photon transitions in a counterpropagating geometry. We introduce a simple and flexible split-pulse technique to eliminate the Doppler-broadened background. Combined with the versatility of DFCS, we acquire signal with an excellent signal-to-noise ratio (SNR) and low sensitivity to systematic effects. We demonstrate the possibilities of this method by performing absolute frequency measurements on the $5S-7S$ transitions in rubidium. The resulting accuracy of the four measured transitions (two hyperfine transitions in two Rb isotopes) is an order of magnitude better than previous demonstrations with either DFCS [25] or cw lasers [26].

The experimental setup is shown schematically in Fig. 1. The frequency comb used in this experiment is based on a mode-locked Ti:sapphire oscillator with a pulse repetition rate that can be tuned between 140 and 180 MHz. It has a
the spectrum, effectively splitting each pulse into a "red" and a "blue" subpulse with a relative delay on a picosecond time scale. As a combination of red and blue subpulses is simultaneously needed to induce the transition, increasing the time delay between them will diminish the single-sided signal. We achieve this situation with a particularly simple pulse shaper configuration, consisting of a grating, a lens, and two mirrors (see Fig. 1). Each frequency comb pulse is spatially dispersed using the first half of a zero-dispersion $2f-2f$ configuration. The laser light is reflected back at the Fourier plane using two separate mirrors to form the desired red and blue subpulses, each containing half of the original spectrum. The time delay between the two subpulses is adjusted by displacing one of the two mirrors, while the bandwidth of each subpulse can be controlled by placing a hard aperture in the Fourier plane (not shown in the figure). Throughout the measurements, the laser spectrum did not exceed 40 nm in order to avoid the single-photon excitation to the $5p$ state at 780 nm.

We test this principle by blocking the returning beam in Fig. 1, so that only single-sided excitation is induced. The Doppler width of the relevant transitions at room temperature is about 1 GHz, which is much larger than the spacing between the comb modes. This washes out the comb structure, and the resulting signal generates a background that is independent of the comb parameters $f_0$ and $f_{\text{rep}}$. In Fig. 2(a), the single-sided signal is plotted as a function of the time delay between the subpulses for various spectral widths, together with numerical simulations (the solid lines) based on a framework developed in Ref. [27]. A larger temporal separation is needed for elimination of the single-sided signal when the pulses have a smaller bandwidth (because the pulse duration is then longer). This...

![FIG. 1 (color online). A schematic of the shaping and spectroscopy setup. Each frequency comb pulse is split into a red and a blue subpulse in a simplified shaping apparatus. A delay between the subpulses reduces single-sided excitation while not affecting the total counterpropagating signal (localized in two separate excitation regions). The inset shows a simplified level scheme of atomic rubidium. PMT: photomultiplier tube.

Central wavelength of 760 nm and a full width half-maximum (FWHM) bandwidth of approximately 40 nm. The spectrum is composed of a large collection of equidistant narrow modes which are described by the comb equation $f_n = f_0 + n \times f_{\text{rep}}$. Here, $f_0$ is the carrier-envelope offset frequency, $f_{\text{rep}}$ is the repetition frequency, and $n$ is an integer mode number with a typical value of $10^5$. Both comb parameters ($f_{\text{rep}}$ and $f_0$) are locked to low-noise rf generators, which themselves are referenced to a GPS-disciplined Rb atomic clock (better than $2 \times 10^{-12}$ fractional accuracy).

Both the ground ($5S$) and excited ($7S$) states are split due to the hyperfine interaction. Selection rules dictate that only transitions between levels with the same hyperfine quantum number ($\Delta F = 0$) are allowed. A simplified level structure of rubidium is shown as an inset of Fig. 1. The spectroscopy is conducted in a commercial glass cell containing the two stable isotopes $^{85}$Rb and $^{87}$Rb. The transitions are induced by focusing frequency comb pulses in the middle of the cell with $f = 150$ mm lenses to a beam size of about 100 $\mu$m at the focus. A mirror reflects the pulses back so that consecutive pulses overlap at the focus. Excitation to the $7S$ is monitored by detecting the 420 nm fluorescence from cascade decay via the $6P$ state with a photomultiplier tube.

Atomic excitation with counterpropagating femtosecond pulses presents a challenge as the (Doppler-broadened) single-sided signal is not confined to the small overlap region and will therefore obscure the counterpropagating signal. To eliminate this background signal, we apply a group delay between the lower and upper halves of the spectrum, effectively splitting each pulse into a "red"...
measurement can be seen as a type of cross correlation between the two subpulses. However, it is important to note that the two-photon signal does not simply depend on the pulse duration and intensity. For example, adding higher odd-order dispersion lengths the pulses but does not change the total two-photon signal \[24,28\]. For the investigated spectral bandwidths, we find a background reduction of at least 98% (this number is limited by measurement noise), for a mirror separation of less than 150 μm. A small mirror separation is advantageous in order to prevent deformation of the laser beam after the shaping apparatus.

With the single-sided signal effectively eliminated, we add the backreflected beam in Fig. 1. Red and blue subpulses from opposite directions now overlap in two separate spatial regions and induce counterpropagating signal. The counterpropagating beam geometry reduces the original 1 GHz Doppler width to below the value of \(f_{\text{rep}}\) so that excitation only takes place if combinations of modes are resonant with the transition frequency \(f_j\). A scan over the various SS-7S transitions is achieved by taking small steps of the repetition frequency \(f_{\text{rep}}\). Such a scan is presented in Fig. 2(b), where a significant improvement in SNR is clearly visible when single-sided excitation is eliminated.

The peaks in Fig. 2(b) correspond to values of the comb parameters \((f_{\text{rep}}, f_0, \text{and } n)\) for which \(f_j/2\) coincides with one of the comb modes or is exactly between two modes. As a consequence, a scan of \(f_{\text{rep}}\) results in a periodic signal with periodicity of \(f_{\text{rep}}/2\) (for an overview of DFCS, see Ref. [29]). Furthermore, whenever two photons of a single mode sum up to the transition frequency \((f_i = f_n + f_n)\), then other pairs of modes are also resonant \((f_i = f_{n-k} + f_{n+k})\), which means that all of the comb modes participate in the excitation. For each pair of frequencies \((f_1, f_2)\), the line shape can be described as a Voigt profile (convolution of a Gaussian \(g_D\) and a Lorentzian \(g_h\), with a Gaussian width of \(2\sqrt{\ln2}(a/c)f_1 - f_2\)), a Gaussian width of \(\sqrt{\ln2}(a/c)f_1 - f_2\), \(a = \sqrt{2k_BT/M}\) is the most probable velocity of atoms with mass \(M\) at temperature \(T\). The line profile in this situation is equal to [19]

\[
|a_j^{(2)}|^2 \langle f_{\text{rep}} \rangle \approx \sum_{n_1, n_2} \left( \frac{|E(f_{n_1})|^2 |E(f_{n_2})|^2}{(f_j - f_{n_1} - f_{n_2})^2 + 1/4\tau_j^2} \right) g_D, \\
g_D = \exp \left[ -\frac{(c^2)^2}{4a} \left( \frac{f_j - (f_n + f_m)}{f_1 - f_2} \right)^2 \right].
\]

where \(E\) is the spectral amplitude and \(\tau_j\) is the decay time from the excited state. In this derivation, it was assumed that no intermediate levels \((f_i)\) are populated. Extending this equation to account for all possible mode combinations is achieved by replacing the single frequencies \((f_1, f_2)\) with the comb equation and summing over all comb modes. This leads to the following equation:

The experimental results of the line profile of the \(^{85}\text{Rb}\) \((F = 3 - 3)\) transition are shown in Fig. 3. As predicted by Eq. (2), the linewidth is proportional to the laser bandwidth. For bandwidths larger than 25 nm, a neighboring transition \(^{85}\text{Rb}\) \((F = 2 - 2)\) starts to overlap with the \(^{85}\text{Rb}\) \((F = 3 - 3)\) line shape. The solid lines in Fig. 3 are numerical calculations of Eq. (2) for different spectral bandwidths, while transit-time broadening is incorporated in \(\tau_j\). The exact line shape is sensitive to additional experimental conditions. For example, chromatic aberrations due to the various lenses in the setup need to be accounted for as the intensity at the focus is wavelength dependent (see the caption of Fig. 3). Using Eq. (2) as a fitting function is cumbersome for determining the line center. However, Eq. (2) is a symmetric function. Therefore, fitting any other symmetric function to the data does not introduce a systematic error in determining the line center. For this purpose, we have used a simplified fitting function consisting of a sum of a single Gaussian and Lorentzian for each transition. In this model, the widths of the Gaussian

![FIG. 3 (color online). Multiple scans of background-free signal over a single transition. The absolute frequency scale presented above the traces is calculated from the comb equation. The solid lines are computed from Eq. (2) to show the validity of the line shape model. In these calculations, a single Gaussian wavelength-dependent scaling function (FWHM 20 nm) of the intensity was used to account for chromatic aberration due to the lenses used in the experimental setup. Excitation with a larger bandwidth leads to a broader linewidth, which results in less accurate results and a possible systematic shift due to the overlap with neighboring transitions. A larger bandwidth also has more optical power, which shifts the transition due to the ac Stark effect. The linear dependence between laser bandwidth and residual Doppler broadening is shown in the inset.](image-url)
and Lorentzian functions are given as free parameters and are not physically meaningful. Nevertheless, this approach is computationally very fast, and we verified that it does not lead to a systematic shift in the determination of the line center. A typical data set including the fitting function and fit residuals is shown in Fig. 4. This trace was recorded with a laser bandwidth of 10 nm, which gives the best compromise between signal strength and residual Doppler broadening. The measured transition linewidth was 6 MHz FWHM (comparable to the 1.8 MHz natural linewidth), and the SNR allows a determination of the line center to better than 1:1000 of the measured linewidth.

Before an absolute frequency determination of the individual transitions can be made, all possible systematic shifts need to be quantified and corrected for. Because of the low pulse energy (30–300 pJ) and peak intensity (< 50 MW/cm²), strong field effects such as multiphoton ionization and self-phase modulation are negligible. The main systematic effects in the present work are pressure effects, magnetic (Zeeman) shift, and ac Stark shifts. Pressure shifts can manifest in two different ways. First, collisions between Rb atoms can shift the transition frequency as a linear function of the pressure in the vapor cell. Previous studies of this effect have shown that the pressure shift is equal to $-103.4 \times (10.0 \text{ kHz/mTorr})$ [26]. As the pressure in our experiment was kept below $2 \times 10^{-5}$ mTorr, a shift of less than 2 kHz is expected. Impurities in the vapor cell can also lead to systematic shifts. This is more difficult to quantify as the pressure of impurities is hardly affected by changes in the temperature. We take a conservative upper limit for the pressure shift equal to 5 kHz. The shift due to external magnetic fields is small for the measured $S$ to $S$ transitions, as the linear Zeeman shift is zero. However, the second-order Zeeman shift of a few kHz/G² needs to be taken into account.

We apply a correction for the measured transition frequencies derived from calculations of the second-order Zeeman shift [30] due to the uncompensated magnetic field of Earth. This shift is different for each transition, ranging from 0.5 to 1.2 kHz.

An additional systematic effect is due to the presence of a light field (ac Stark shift). This shift scales linearly with the average power of the laser [22]. In order to correct for this shift (a few kHz/mW for our experimental conditions), we have performed measurements at different optical powers and extrapolated to zero. This was done for 10 measurement sets of the 5S-$7S$ ($F = 3 - 3$) in $^{85}$Rb, leading to an absolute transition frequency of 788 795 814 061.8 kHz with statistical and systematic uncertainties of 4 and 5 kHz, respectively. The transition frequency was corrected for the abovementioned systematic shifts, including smaller corrections for the second-order Doppler shift ($-420$ Hz at 60 °C) and blackbody radiation shift ($-630$ Hz at 60 °C). The statistical accuracy is an order of magnitude better than in previous studies of this transition [26].

We have also performed measurements of difference frequencies between the various hyperfine transitions by scanning over all four transitions [Fig. 2(b)] and extracting the difference frequencies. As both ac Stark shift and pressure shift are the same for all four transitions, the difference frequencies are insensitive to the laser intensity and gas pressure. The leading systematic uncertainty is then the second-order Zeeman shift which is corrected for in the same way as described above. By combining these relative measurements with the accurately calibrated $^{85}$Rb ($F = 3 - 3$) transition, we have determined the absolute frequencies of all four transitions, as well as the hyperfine A coefficients and the isotope shift of the upper states (the values of the ground state splittings are taken from Ref. [31]). The final results are summarized in Table I.

In conclusion, we have demonstrated the elimination of Doppler-broadened background, using a simple shaping setup consisting of a grating and two mirrors, which enables high-precision spectroscopy with fs pulses in a counterpropagating beam geometry. DFCS on

![Image](residuals.png) FIG. 4 (color online). A typical recording of the $^{85}$Rb ($F = 3 - 3$) transition. The repetition rate of the frequency comb is chosen such that this line has a maximum distance to the other three transitions. The excellent SNR allows determination of the line center to about 1:1000 of the measured linewidth.

<table>
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<tr>
<th>Transitions</th>
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<td>Hyperfine A constants</td>
<td>788 795 814 061.8 (4.0)</td>
<td>788 798 565 752.1 (6.4)</td>
<td>788 794 768 940.1 (7.2)</td>
<td>788 800 964 119.7</td>
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<td>$^{87}$Rb 7S</td>
<td>94 680.7 (3.0)</td>
<td>94 765.2 (5.0)</td>
<td>94 873.8 (5.0)</td>
<td>94 934.2 (5.0)</td>
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room-temperature Rb gas was performed with up to a tenfold improvement of the absolute frequencies of four two-photon transitions. This technique provides a simple and robust method for high-precision spectroscopy using a single laser. The method is also compatible with extreme ultraviolet comb generation, which opens the perspective of Doppler-reduced two-photon precision measurements in the extreme ultraviolet.

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* k.s.e.eikema@vu.nl